Today's Ogden News

EARTHQUAKES SHAKE OGDEN

Three Distinct Shocks Were Felt In That City Yesterday Afternoon.

VIOLENT AT WEST WEBER.

Excitement Prevailed Though no One Was Injured And no Damage Was Done.

Course of the Quakes Was From North To South-People Much Frightened at the Shocks.

(Special to the "News.") Ogden, May 25-There were three distinct earthquakes in this city and county yesterday afternoon. The first occurred at 2:10, and was followed by two others which came two or three minanywhere else, though they passed through the Fifth ward of Ogden and caused a great deal of excitement, though no damage was done, and no However, there was Some San Franerson was hurt. cisco people who passed through the muble of their own city a few weeks were here and they were notice-West Weber people who were at

work in the fields were almost thrown from their feet. Dishes and furniture rattled in the houses and the tremors were most pronounced. The same may be said in Ogden.

Hooper was also visited by the same shocks that were felt in the other parts of the valley. So far as known there was no damage done anywhere but in each case the quake was so strong as to leave no possible doubt in the minds of any person as to what was

Mrs. W. E. Stoker was standing near her back porch when the first shock came. She said she could not think that was the matter, as never before had she felt an earthquake. Near her on the porch stood a small washstand with a dish of water on it; the earth rocked so badly that the water was spilled and the dish thrown against the wall, and Mrs. Stoker experienced a sensation. Her son was work-the field about 40 rods from the When the first shock came he over and felt as though he ould be thrown to the earth; he raised would be thrown to the earth, he raised up and looked around to see what was the matter, when the second rocking occurred, causing a dizzy feeling to come over him. He started for the house when he felt the third trembling he earth. A lady was crossing a bridge at West Weber when the shock came, and she felt as though she was going to be thrown into the that a rumbling, They state cracking noise was heard. A lady who was in the San Francisco quake last month was at Mrs. Stoker's house, and stated that the earthquakes were ex-

Points

to the

Cause

E. A. Larkin Telephone 133-1

Advertisements for the Datly-Saturday and Semi-Weekly News accepted on the same terms as at the Salt Luke office.

Circulator, John J. McGregor. 2245 Wash. Ave. Ind. Tel. 15L Office with Lambert Paper Ca

Payments for the Daily, Saturday and Semi-Weekly News should be made to the circulator. Delivery made by carrier on the same terms as in Salt Lake.

ceptionally distinct. In the First ward several people felt the shocks, which were very slight. The shock seems to have taken a coutheasterly direction and to have stopped in the western por-tion of the first ward, as at Uintah and other parts of the county no shock

BAND CONCERT.

A. C. Band and College Glee Club at Tabernacle Tonight.

Ogden, May 25 .- The Agricultural college band is composed of 34 instru-ments, and has the reputation of being one of the best bands in the state. To night it will be heard at the Ogden Tab ernacle, together with the College Gleschub, in a very fine concert, the proceeds of which will go to the Weber Stake academy building fund. The Tabernacle should be crowded with rapernacie should be crowded with lovers of music, in appreciation of the generosity of the Logan school band to come to Ogden and donate its services to raise money for the building of the much-needed addition to the academy building, which will cost nearly \$30,000. All who attend are assured their nion-ey's worth, and will have the satisfac-tion of knowing they are helping along a most worthy cause.

The program to be rendered follows:

Peer Gynt Suite, op. 46 E. Grieg

(a) "The Morning."
(b) "Asa's Death."
(c) "Anitra's Dance."

"The Windmill".........N. D. Mann "Ho, Jolly Jenkin (From "Ivanhoe")

Mr. Mark Brown. (a) "The Night Has a Thousand (b) "She is So Fair"..... Jones

Glee Club.

"Invitation a la Valse"..... Weber
"Air Cujus Animan"... Joseph A. Smith
Overture. "Ludovie"...... Herald

March Sousa OGDEN RAPID TRANSIT. .

Track to Mouth of Canyon to be

Rushed Through. Ogden, May 25.—Assistant Superin-endent J. W. Bailey of the Ogden Raptendent J. W. Bailey of the Ogden Rapid Transit company, states that the company is having some delay in getting ties for the laying of their track to the mouth of Ogden canyon. The entire distance is covered except about a quarter of a mile which will be rushed just as soon as the ties arrive. The company received a large shipment of poles this week, and has put their force of men to work place. put their force of men to work plac-ing them so that the electric wires an be strung, and in that way when the track is completed to the canyon the poles and wires will have been placed so that cars can be run over the line at once. The grading work is practically completed and the company expects to be able to run cars to the expects to be able to run cars to the sanitarium in a very short time.

BLAAUW-KOP NUPTIALS.

Perfect Sleep

rise refreshed.

They were married today by Bishop Ensign,

BRIEFS AND PERSONALS.

Eighth grade school examinations for the pupils of the city schools are be-ing held today at the High School building. It is expected that 150 will graduate this year from the grades. Smith the gambler, has forfeited bail again in the municipal court amounting to \$150, he having failed to appear to answer to the charge of keeping a gambling house.

The safes of George A. Lowe & Co., and the Burton Implement company, which were in the Monday night's fire, have been opened and their contents ound to be in good condition.

A meeting of the Civic Improvement ague will be held tonight at the Weer club parlors. Mrs. F. J. Kiesel left for Sacramento cesterday to be at the bedside of her wandchild, who is seriously ill.

T. Franks the butcher is seriously ill

BASEBALL EXCURSION

t his home on Twelfth street

To Eureka, Dubei Tailors vs Blue Rocks, Sunday, May 27. Fare \$2 round trip. Train leaves via Salt Lake Route

SAMARIA, IDAHO.

Rear River Valley Prosperous-S. S. Convention at Portage.

Convention at Portage.

Special Correspondence.

Samaria, Idaho, May 22.—The country in the north part of the Bear River valley, and the Malad valley, never looked any better than it does now. Old settlers say never since this country has been settled have crops of all kinds looked any hetter. The abundant rains have made everything look beautiful, and the absence of any heavy trosts have made this an ideal spring. Farmers meet you with a smile and say the country does, indeed, look lovely. The batch of new subscribers I send you today and the renewals show the farmers feel jubilant, and the cash remittances prove it.

Fielding is four miles from Collinston and although the mild was deep and the reads rough, and the new railroad is from three to eight miles from all the towns except Garland. Portage and Malad, yet we make it by stage or buggy. Flymouth, or as it is sometimes called. Square Town, is situated about seven miles from Fleiding, and has little water, but new homes are springing up, and some day they hope for a canal and then it will grow. It is a small town, with a large acreage. West Portage is also a very small town on the west side of the valley. Much good land and but little water. The dead trees all along he highways are silent monuments or thus scarcity of water.

Tweive miles on a rumbling and shaky stage wagon bring us to Samaria, one of the most prosperous rowns in the Malad valley. These people suffered for water for years, and hauled for 20 years or more, all the water they used for household puryoses, but they have learned that under the earth is an abundance of ywater, and the men who have the means are sinking artesian wells, and are meeting with splendid success.

Samaria. Givenford and Pleasant View and near Malad are some splendid wells, and all it needs on all these dry valleys is money, pipe and machinery strong enough to sink to furnish water for much of the land that is now known as dry farming, and this water from below the surface is free from weeds and all kindred of the land

were sorry he was going to Europe, as they believe his labors among the young people of Zion are highly appreciated, and his easy and cheerful way of presenting the heautiful truths of the Gospel touch the hearts of the young people of Zion.

The health of the people has been good

PROVO DEPARTMENT

The "News" is delivered by carrier every night (Sunday excepted) at 75 cents per month. All payments and complaints should be made to R. J. Dugdale, agent for Daily, Saturday and Semi-Weekly News. Orders taken for Church Works. Residence, 372 West Fourth North St.

GRADUATION EXERCISES.

Interesting Address by President Kingsbury of the U. of U.

Special Correspondence. Provo. May 25.-The public school graduation exercises held yesterday afternoon and evening in the operahouse were attended by immense audiences on both occasions, in the afternoon by the children and in the evening by the par-ents and other adults. The 63 graduates, 31 boys and 32 girls, were grouped in a pleasing manner on the stage, and presented a beautiful appearance.

The exercises, as published in the program, were carried through in a manner that reflected credit alike on the pupils and teachers, and were thoroughly appearance. oughly appreciated by the large audiand elicited enthusiastic applause, the afternoon Judge Booth addressed the graduates on good citi-

zenship, calling their attention to the cost in labor and means of their education, and encouraged them to repay this by becoming good and useful citizens.

In the evening President Kingsbury of the University of Utah delivered an able address on education, showing its growth and contrasting the condition of uneducated peoples of past and present ages with the educated peoples and na-tions of today. He encouraged the grad-uates to enter the high school, and not to be satisfied with this, but to obtain if possible a college education, present-ing statistics showing the advantage of college training by the large percentage

of college-bred men who are taking leadership in public affairs.

Supt. Rawlings spoke encouragingly of the good work done in the city schools, complimenting the teachers and pupils, and gave figures to show a good attendance of graduates from the Provo schools in the Procter academy, Brigham Young university and Univer-

Today the schools have an outing at the lake, and this evening a graduation ball will be given in the Mozart pa-

CHAPTER ROYAL ARCH MASONS. Degrees were conferred last night on phers of Provo chapter No. 4, Royal members of Provo chapter No. 3, Royat Arch Masons, instituted in this city. The following officers were installed: High priest, H. M. Fredenburg, king. W. B. Starr; scribe, R. J.Kroupa:prin-cipal sojourner, James E. Hosmer; first

LAKE TOWN.

ton's Birthday.

via Evanston to attend the obsequies The deceased was the widow of Elde

Wm. Busby and with him was one of the very early settlers of Laketown, and from here they went to St. David,

Ariz, and dwelt there till a few years age, when they returned and spent the remainder of their lives chiefly with their daughter at Woods Cross, making some visits to their Bear Lake

Both were very highly esteemed by

all acquaintances, and were ever known to be true to the Gospel. Mrs. Ann Burton Kearl, known to all

travelers throughout the valley as the genial proprietress of the Kearl House

here, a pursuit she has so capably fol-lowed for perhaps a third of a century; a 52-year resident of Ulah, a pioneer of Grantsville and Laketown, and one

of Grantsville and Laketown, and one of the earth's noble women, attained in good health and spirits the close of her seventieth year on the 22nd inst. Her legion of kindred and friends, scattered from Canada southward, will wish that the useful life of the venerable matron will be gratifyingly prolonged.

Ionged.

The Scowcrofts of Ogden were represented this week by Messrs, Hartog

and Barnes, hustling orders respectively for the grocery and dry goods de-

partments.

Bishops Isaac T. Price and Samuel Weston of Round Valley and Garden City wards were here on Sunday to attend the branch of their quorum's monthly meeting, and remained and addressed the people in the ward meeting, giving practical and valuable counsels.

Added to the meetinghouse erection

Added to the meetinghouse erection, our men and boys, under the direction and co-operation of Bishop Robinson, are at work, and will so continue the afternoon of each Saturday, fixing up the public square grounds, and erecting a substantial picket fence around the 10 acre plat of land. Civic improvement seems to be the all prevailing motto.

prevailing motto.

Mesdames Keetch and Stewart-rep-

resenting the state organization—made an official call upon and talk to the local primary association on Sat-

the local primary association on Sat-urday afternoon.

Mr. Slusser, the electrician of Paris, Idaho, was here a few days ago in-vestigating the outlook for the estab-lishment of an electric light system hereabouts. It is presumed that the days of the kerosene lamp in our hab-lations are numbered.

Lyman Earley of Round Valley is home this week from Fielding acad-eny, which he attended as a student

home this week from Fleiding academy, which he attended as a student the past season.

Availing themselves of the opening of the roads to Cache Valley, Messrs Hyrum Nebeker and Geo. Stanton and Mesdames Joseph A. Hulme, *L. F. Moench, Jr., and Stanton went through the bills on visit to kin and friends.

the hills, on visit to kin and friends at Hyrum and Logan this week. At this writing the general health is

PEOPLE WHO LIVE LONGEST.

liver and kidneys are thus enabled to

do their work unimpeded.

Another characteristic is the habit of

slow, deep respiration. The oxygen is real food, for only the matter exidized

in the system becomes tissue. Deep, full breathing means an immensely in creased amount of oxygen ingested and an equally augmented quantity of poi-

son matter eliminated by the lungs. Mental quietude is essential to proper

breathing. The excited person, the emotional individual who suffocates

with joy, palpitates with enthusiasm, chokes with rage, gasps in astonish-

ment, sighs from the intensity of his

attachments-the emotional individual

by every inequality in his respiration

Another physical characteristic is

ease and repose of movement. The old

person-the hale, vigorous, healthy old

man-moves easily, lightly, silently. He has always moved that way.

A fourth peculiarity of those who live

long is that they are invariably small eaters. Gormands die young. The oc-

abbreviates his life.

Special Correspondence.

valley kin and friends.

Laketown, Ma telephone came

veil, Wm. Waters: third veil.L. S. Run-

The following visitors were from Sait Lake, attending and officiating in the ceremonies: J. M. Marriott, John A. Houghton, Frank P. Sherwood, M. C. Phillips, W. S. Barnes, W. H. Arnold, John S. Scott, W. H. Cunningham, New Hewitt, C. F. Kutnewsky, ham, New Hewitt, C. F. Kutnewsky, G. C. Hunting, E. O. Leatherwood, Harry M. Cushing, A. Anderson, James H. Brown, H. M. Mayo, all of Utah den No. I chapter No. I; W. T. Beardsley, F. C. Schramm, Ogden No. I; W. Daniels, Trenton, Mo., No. 68; Charles E. West, Pocatello, No. 6; W. T. Walker, Denver, Mo. 29.

After the officers were installed the visitors and local members repaired to the Grier House, where a sumptuous banquet was discussed, and toasts and sentiments given by a number of speak-

entiments given by a number of speak-

STUDYING THE "MORMONS."

W. C. Jenkins is here making a study of Utah and the "Mormon" peo-ple for the National Magazine of Bos-ton. He expects to remain in the city or several days, and will make an ex ended stay in Utah visiting the lead-

JOHNSON-JOHNSON WEDDING. A. P. Johnson and Mary Johnson, both of Spanish Fork, were married

here yesterday, by Deputy County Clerk M. E. Kartchner,

GARDEN CITY NOTES.

Morris Gray entered a plea of not guilty yesterday, in the Fourth district court to an information charging a

Sheriff Sebring of Weber county was ere yesterday with a patient for the tate mental hospital. Postmaster Lawrence of Spanish

Postmaster Lawrence of Spanish Fork, and James D. Craves of Payson, were here in business, vesterday.

The Odd Fellows will hold memorial day exercises here marching to the cemetery and holding, services there. So far as known there will be no other public services held. The Win. T. Sherman Post No. 6, G. A. R., will hold appropriate in Services Ferry this year. services in Spanish Fork this year Atty, Samuel A. King will move hi

family to Salt Lake next week. He will still retain his office here, and expects to spend a portion of his time in Nevada this year, where he has become extensively interested in mining pro-

Similarly Situated.

A Former Resident Dead-Mrs. Bur-"Perhaps I am not warranted in saying it being I am only an innocent bystander, a mere passer-by, who has no part in the row," grimly observed the May 23.—Over the me' the tidings that Grizzled Bachelor, "but it seems to me Mrs. Martha Bisby, aged about so years, had died at the residence of her daughter, Mrs. Mann, at Woods Cross, Utah, on the 22nd inst. Mrs. George Early of Round Valley (her daughter) and husband left the same afternoon that the papers ought to tell what the bridegroom ate for breakfast, the same as they do when a man is hanged."

Getting Back at the Editor

"I refused this poem not over six nonths ago," said the editor," Why do you again submit it? "I thought that possibly your taste had developed by this time," replied e poet, with a gleam of satisfaction his eyes,—Milwaukee Sentinel.

EXCURSION NORTH

June 9th

Via O. S. L. Greatly reduced rates to Northern Utah and Idaho points. See agents for particulars regarding limits, etc. City Ticket Office, 201 Main St.

Feel languid, weak, run-down? feadache? Stomach "off"?—Just a Headache? Stomach "off"?-Just a plain case of lazy liver. Burdock Blood Bitters tones liver and motes digestion, purifies the blood.

BASEBALL EXCURSION

To Eureka, Dubei Tailors vs Blue Rocks, Sunday, May 27. Fare \$2 round trip. Train leaves via Salt Lake Route 7:45 a.m., returning leaves Eureka 7

Mount's Ketchup a home product of excellence for that delicious flavor for soups, gravies and meats.

HALF RATES

To Northern Utah and Idaho.

Via the O. S. L. June 9th. See agents for full particulars regarding limits, etc. City Ticket Office, 201 Main St.

"Men have sight; women insight."— Hugo. That is why—if it is true— that women find more in the store ads.

SIX BEST SELLING BOOKS

Record For April

According to reports from the leadng book sellers of the country, the six books which have sold best in the order of demand during the month are:
1. "The House of a Thousand
Candles," Nicholson\$1.50
2. "The Wheel of Life." Glasgow 1.50
3. "The House of Mirth," Whar-

The Conquest of Canash, 1,50

Tarkington 1.50
"The Truth About Tolna,"
Runkle 1.50
"Barbara Winslow, Rebel," At this writing the general health is excellent—the appearance of the fields bespeak a gratifying harvest—a host of wagons laden with potatoes and other farm and dairy products are moving toward the Evanston and Kemmerer markets. A feeling of content and prosperity is everywhere evident.

So Easy To Own a Piano

> A Reasonable Payment at the time you buy, and moderate monthly [11] ments. Only stanua.d makes, in finest-toned Planos to select from.

Carstensen & Anson Co.,

WATCHES

CARTERJEWELRY CO. 324 Main St. Sign of the Big Watch.

50 bond furnished on application. Saitna Tablet treatment will perma-nently cure Salivation, Lead Poisoned Gums, make Loose Teeth tight. W. S. HUDSON, WELCOME WORDS TO WOMEN.

From the view point of the average made of native roots—Nature's own man housework is very easy. The wife restoratives, compounded after a formis right at home. She is her own mis-She can sit down and rest any time. She can even go to bed for a nap if she feels like it. She can order her household affairs just to suit her own convenience. If she doesn't feel equal to doing work to-day, she can do it to-morrow. That's the beautiful theory

of the average man. Just suppose the Egyptian task-masters, when they made the required daily tale of bricks tax the uttermost of human strength, had said to the toiling slaves, "Don't hurry, take a rest every now and then -only don't forget that your tale of bricks must be all right at night or else there'll be

There's the fact. There are day's duties to be got through, and the women who can rest may not. oman, who, when she married, said, "Now, I'll be my own mistress," finds herself a slave to household cares and

And oh! how much that woman needs rest sometimes. She brushes and scrubs, and rolls pastry, her temples throbbing, her back aching, her nerves quivering under the stress of pain. What she would give if she could just creep upstairs and throw herself on the bed in a darkened room and rest.

Rest would temporarily relieve the strain, doubtless, but it would be the same story over again to-morrow. The real need of weak, nervous women is strength, and that need is fully met. and satisfied by Dr. Pierce's Favorite Prescription. It makes weak women strong and sick women well. It removes the causes of women's weakness, tranquilizes and invigorates the nerves, encourages the appetite and induces restful sleep. "Favorite Prescription" is a positive cure for the most complicated and obstinate cases of leucorrhea, excessive flowing, painful menstruation, unnatural suppressions and irregularities, prolapsus or falling of the womb, weak back, "female weakness," anteversion, retroversion, bearing-down sensations, chronic congestion, inflammation and ulceration of the womb, inflammation, pain and tenderness of the ovaries, accompanied "internal heat."

"I am pleased to add my testimony in behalf of Dr. Pierce's Favorite Pre-scription," writes Miss Earline Agard, Chaplin, Patriotic Daughters of America, of 4131/2 Michigan Avenue, Lansing, Mich. "I cannot find language to express my gratitude and joy over the fact that I am well once more. Wearing my corsets too tight seemed to have tonic, the "Golden Medical Discovery Write to Dr. Pierce about your brought on an extra abdominal pressure, weakening the ligaments and and will treat your case as confidential ushing the internal organs down, and without charge for correspondence What to do I knew not, as no medi- Address him at the Invalids' Hotel and cines I took seemed to help me.

Prescription and determined to try bottle was used I began to feel better, is the cause of many forms of illness, but could bardly believe that this Dr. Pierce's Pleasant Pellets cure conwas permanent, but my improvement stipation. They are tiny, sugar-coated went steadily on, and within four granules. One little "Pellet" is a gentle months I was like a new woman. Now I have no more pains, am well dealers in medicines sell them. and strong, and am extremely grate-

make-up of "FAVORITE PRESCRIPTION." viser, over 1000 pages. Address Dr. is an absolutely pure medicine— R. V. Pierce, Buffalo, N. Y.

question, by skilled chemists and by thoroughly scientific processes. Doctor Pierce is perfectly willing to let every one know that his "FAVORITE PRE-SCRIPTION" contains Blue Cohosh root, Lady's Slipper root, Unicorn root, Black Cohosh root and Golden Seal root. Every doctor knows that such a prescription is beneficial in the diseases of women and when properly com-pounded is certain to effect a cure in nearly all cases when given a fair trial. Every bottle of the "FAVORITE PRE-SCRIPTION" which leaves Dr. Pierce's immense laboratories in Buffalo, N. Y. has plainly printed upon its wrapper all the ingredients of which it is com-posed. Thus Dr. Pierce proves to the world his own confidence in the remedy which for forty years has borne his name and which is known all through the United States and Canada England, Australia, and in parts of South America, Africa and Asia, as a sovereign cure for those diseases which, unchecked, make our women old be-

fore their time. It will be noticed that there is no alcohol in the "FAVORITE PRESCRIP TION." Dr. Pierce never believed using alcohol in the preparation of his famous household remedies. For it, he substitutes chemically pure glycerine which has wonderful properties for extracting the medicinal principles of roots and preserving them at their ful strength, without any deleterious effect whatever.

In favor of Dr. Pierce's medicine is the frank, confiding, open, hones statement of their full composition giving every ingredient in plain Eglish, without fear of successful crit cism and with confidence that the good sense of the afflicted will lead them to appreciate this honorable man ner of confiding to them what they are taking into their stomachs when mak

ing use of these medicines.
Dr. Pierce feels that he can afford to take the afflicted into his full confidence and lay all the ingredients of his medicines freely before them be cause these ingredients are such as are endorsed and most strongly praised by scores of the most eminent medica writers of all the several schools of practice as cures for the diseases for which these medicines are recom-

Your druggists sells the "FAVORITE case. He is an experienced physician Surgical Institute, Buffalo, N. Y. I had heard of Dr. Pierce's Favorite which he is chief consulting physician It is as easy to be well as ill-and as a last resort. Before the first much more comfortable. Constipation

Send 31 one-cent stamps to cover cost of mailing and get a copy of Dr. There is nothing to conceal about the Pierce's Common Sense Medical Ad-





Good Lawyers

PAYTHEIR DEBTS

THEM, OUR LAW DEPARTMENT WILL TELL YOU. WE HANDLE ALL KINDS OF LAWSUITS EV-

Merchants Protective Association,

SCIENTIFIC COLLECTORS OF BAD DEBTS. Fifth Floor, Commercial Block. Salt Lake City, Utan. "SOME PEOPLE DON'T LIKE US.

UNITEDSTATES SMELTING CO.

IS NOW IN THE MARKET For All Kinds of Lead and Copper Ores at PRICES FAVORABLE TO SHIPPERS.

SALT LAKE, UTAH. Consign All Shipments as Follows: United States Smelting Company, Bingham Junction, Utah.

When Shipment in Made, please NOTIFY US PROMPTLY, and if Public Sampler is Preferred, designate which one: also designate one assayer.

Address All Communi-

cations to

She will write you a personal letter if you tell her about your case. Address Mrs. Pinkham, Lynn, Mass. Lydia E. Pinkham's Vegetable Compound Cures Where Others Fail

come from female diseases. Their delicate or-ganism is a network of intricate nerves. No woman can suffer from female irregularities without eventually ruining her nervous system. Get rid of female disease and the perfect sleep of childhood will return. Certain physical characteristics are usually associated with longevity. Perhaps the most noticeable of these is carriage. Ninety-nine out of a hun-Lydia E.Pinkham's Vegetable Compound dred people have curvature of the spine. The octogenarian is the hundredth man. His spine is a straight line, his head erect, his chest broad cures all female troubles and restores nerve equilibrium and brings and deep. This means that the vital organs are properly supported by the sound, restful, healthful, natural sleep. Thus does this wonderful attachments provided by nature and that they do not rest upon and crowd remedy operate to bring health to suffering women. each other. The heart, lungs, stomach.

Women Who Are

Ills Sleep Soundly

Free From Female

Wakefulness and Nervousness Cured Dear Mrs. Pinkham: --Last spring, I lost my appetite, had headaches, and bearing down pains with cramps so that I was in perfect misery. I became wakeful and ex-

How many women are troubled with insomnia! How

few, alas, habitually sleep the night through and

If you can't sleep it is because your nerves will not

let your body rest. Women's nervous troubles

tremely nervous.

I decided to try Lydia E. Pinkham's Vegetable Compound, and am pleased to state that I derived immediate benefit and soon enjoyed permanent relief.

Within eight weeks I was restored to normal health and felt refreshed and strengthened as though I had enjoyed a lengthy vacation.

Since that time I have recommended your Compound to a number of my lady friends suffering with female irregularities, and those who have used it report great benefit from its use.

MRS. E. E. VAN DINTER.

965 College Ave., Appleton, Wis. Vice-President Social Economic Club.

Lydia E. Pinkham's Vegetable Compound has cured more women of female diseases than any other medicine in the world. Mrs. Pinkham, daughter-in-law of Lydia E. Pinkham, advises sick women free.